



Local Food Guide - June 2020

Shared Harvest The Elgin Food Cooperative P.O. Box 884 Elgin, IL 60121

Overview

The objectives of Shared Harvest, in addition to opening our own community-owned grocery store, have been to educate our community about the importance of local foods and the local food system to our health and to the sustainability of the region. Additionally, we strive to make local foods available to everyone in our community and thereby support local farms and farmers. This guide, though a snapshot in time, gives you more access to the important local food scene in the Fox Valley Region

Goals

1. Increase access by the community to local whole and prepared foods.
2. To support local health and sustainability

Specifications

We have provided a minimum of information on various types of local food businesses from Community Supported Agriculture (CSA's) to Food Cooperatives. We hope that you will find the time to follow up and access each organization or location to find fresh local healthy foods.

A word about Food Cooperatives: We Cooperate! We have this intrinsic feeling that we get stronger when we all work together. To that end, we are generous with information and help and we find that when we are, we get it back many times over. So we invest in each other, and others invest in us. A food cooperative is essentially an investment in our community, and we feel that is a good investment that helps us all live better.

Help Us

We at Shared Harvest would like to keep this list current and updated. If you have any other markets, farmers or vendors you would like to add, please email to info@sharedharvest.coop

Local Food Shed

I. Grow it yourself

The most efficient way to get the freshest vegetables and fruit into your family is to grow it yourself. It is labor intensive and time-consuming. If you have the time and space and ability to grow it yourself, there are few things more satisfying than harvesting food you grew yourself. That said, not everyone can devote that kind of time and energy to something they know nothing about. For that, we have a list of sources for who to turn to when you need clean, local food that you can't grow yourself.

- A. **University of Illinois Extension**, (630) 584-6166, 535 S Randall Rd, St Charles, IL 60174, [Facebook](#), <https://extension.illinois.edu/global/horticulture>
- B. **Elgin Community Garden Network**, [Facebook](#)
- C. **Elgin East Side Neighborhood Garden**, [Facebook](#)
- D. **Tri-Village Garden Club**, (Bartlett, Streamwood, Hanover Park) [Facebook](#), trivillagegardenclub.org
- E. **West Chicago Garden Club**, www.westchicagogardenclub.org
- F. **Algonquin Garden Club**, [Facebook](#), algonquingardenclub.org
- G. **Lombard Garden Club**, [Facebook](#), www.lombardgardenclub.org

II. Community Supported Agriculture (CSA)

- A. **Trogg's Hollow CSA**, on [Facebook](#), www.troggshollow.com or troggshollow@troggshollow.com
- B. **All Grass Farms, Dundee, IL** - Shares available weekly from June through Nov. www.allgrassfarms.com or call Cliff 847-852-7081
- C. **Heritage Prairie Farm**, Elburn, IL - Shares available May-Nov Pick up at the Farm www.heritageprairiefarm.com or call 630-443-5989
- D. **Angelic Organics**, Caledonia, IL - Shares available June-Oct with a drop in Elgin. [Facebook](#), www.angelicorganics.com or call 815-389-2746

- E. **Walnut Acres Family Farm**, Walnut IL - Meat only shares, drops in Elgin. www.walnut4meat.com or call Dave and Robin Jameson 815-343-3936
- F. **Big Rock Organics**, Big Rock, IL - Shares from June-Oct with pick up at West Chicago. www.bigrockorganics.com Donna Lehrer 331-643-9697
- G. **Mighty Greens Farms**, Elburn, IL June-Oct - Shares with pick up at St Charles Farmers Market. www.mightygreensfarm.com Carlos Palomares 630-877-0072
- H. **Nichols Farm & Orchard**, Marengo, IL - Shares with a drop in Schaumburg www.nicholsfarm.com Todd Nichols 815-236-1615
- I. **Rustic Road Farm**, Elburn, IL - Shares with a pickup in Elburn rusticroadfarm.com (773) 682-0490
- J. **Sitka Salmon Shares**, Galesburg, IL www.sitkasalmonshares.com Alaskan fishermen CSA, shares will drop to your door! 309-342-3474

III. Farmers Markets

- A. **Barrington Farmers Market**, 105 S Cook St, Barrington IL www.barringtonfarmersmarket.com Thursdays 3-7 p.m. Mid- June through Mid-October
- B. **Batavia Farmers Market**, 2 W Wilson St Batavia IL www.downtownbatavia.com/currentevents/batavia-farmers-market/ Saturdays 8 - noon, June to October
- C. **Cary Farmers Market** 100 W Main St, Cary, IL (behind train depot) www.facebook.com/CaryFarmersMarket Sundays 9 a.m. to 1 p.m. June 1 to Sept.
- D. **Crystal Lake Farmers Market**, Depot Park, (next to downtown train depot) downtowncl.org/annual-events/farmers-market Saturdays 8 a.m. to 1 p.m. June thru Mid-October
- E. **East Dundee Farmers Market**, 319 N river St, East Dundee, IL www.dundeedepot.com Saturday 8 a.m. to 2 p.m. Mid-June to early October.
- F. **Elgin Farmers Market**, 200 Grove Ave, Elgin, IL www.downtownelgin.com/farmersmarket/ Fridays, 3 to 7 p.m. Early June to Early October

- G. **Huntley Indoor Farmers Market**, 11712 Coral St, Huntley, IL
www.huntley.il.us/departments/village_managers_office/link.php Saturdays
8 a.m. to 1 p.m. Late May to Mid-October
- H. **Schaumburg Farmers Market**, 190 S. Roselle Rd, Schaumburg, IL
www.villageofschaumburg.com/visitors/market.htm Fridays, 7 a.m. to 1 p.m.
Early June to October
- I. **St. Charles Farmers Market**, 307 Cedar Ave, St Charles, IL
www.bakermemorialchurch.org/farmers-market Fridays 8 a.m. to 1 p.m. June
to October
- J. **Woodstock Farmers Market**, 100 Johnson St, Woodstock, IL
www.woodstockfarmersmarket.org Tuesdays and Saturdays 8 a.m. to 1 p.m.
Early May to Late October

IV. Food Cooperatives (Community Owned Grocery Stores up and running)

- A. **Sugar Beet Food Cooperative** 812 W Madison, Oak Park, IL
www.sugarbeetcoop.squarespace.com (708) 948-7656 open 10 a.m. to 7 p.m.
daily
- B. **Dill Pickle** 2746 N Milwaukee Rd, Chicago, IL www.dillpickle.coop (773)
252-2667 open 11 a.m. to 7 p.m. daily

V. Food Cooperatives (Community Owned Grocery Stores up and COMING)

- A. **Shared Harvest Elgin Food Cooperative** P.O. Box 884, Elgin IL 60220 \$100 a
share to be an owner, (847) 873-9995 www.sharedharvest.coop
info@sharedharvest.coop
- B. **Food Shed Co-op** PO Box 1663, Woodstock, IL 60098 (815) 315-1541
info@foodshed.coop, www.Foodshed.coop \$100 a share, 2 shares to be an
owner
- C. **Prairie Food Co-op** P.O. Box 83, Lombard, IL 60148
<http://www.prairiefood.coop> \$200 a share
- D. **Chicago Market Community Co-op** 4620 N Broadway, Chicago, IL 60640
www.chicagomarket.coop \$250 a share

VI. Direct From Farm Stores/Stands or Producers

- A. **Klein's Farm Market**, 38W718 Hwy Rt. 20, Elgin, IL 60124
kleinsqualityproduce.com, Mon-Sat 9am to 7pm, Sun 10am to 5pm
- B. **Klein's Farm Market**, 1175 Lillian St, Elgin, IL 60123, 847-888-4610, Mon-Sat 9am to 6:30pm, Sun 10am to 5pm
- C. **All Grass Farms Farm Store** open 6 days a week., 18n681 Rt 31, Dundee, IL 60118, www.allgrassfarms.com, Mon-Fri 10am to 6pm, Sat-Sun 9am to 5pm
- D. **Bartlett Farm Stand**, 105 E Lake Street, July to Oct, Mon-Sat 9am to 6pm, Sun 9am to 5pm, www.tomsfarmmarket.com/bartlett-farm-stand.html
- E. **Tom's Farm Market** 10214 Algonquin Road, Huntley, IL April - December
www.tomsfarmmarket.com
- F. **Kershaw's Farm Stand** 31W660 Stearns Road, Elgin , IL
www.facebook.com/Kershawfarmstand Summer hours
- G. **LUREC Farm Stand** 2710 S. Country Club Road, Woodstock, IL June -August
www.lcu.edu/retreatcampus/farm/farmworkshopevents
- H. **Three Bees** 260 Wayne Ct, Bartlett IL www.threebees.net/the-hive, (630) 890-0099 honey and clean health and beauty aides
- I. **Family Farm Cooperative**, 59498 Kirk Lake Rd., Vandalia MI 49095
familyfarmscooperative@gmail.com (269) 476-8883. Brings your order to the American Legion Hall on Liberty St, in Elgin every other Monday. They sell eggs, milk, cream, butter, pork, chicken and beef with occasional raw, organic cheeses, noodles, fermented products and produce. Email your order on Thursday and pick up the order on Monday.
- J. **Fox Fed Food Cooperative** coopfoxfed@gmail.com (847) 695-5813 This is a buying club that bands together to buy from places like Frontier Co-op and UNFI to get bulk foods, spices, nuts, supplements, health & beauty aides, processed foods, cooking utensils, processed cheeses, etc.